

## What services are provided?

St. Luke's Anticoagulation Clinic collaborates with your referring physician to provide you with comprehensive management of your anticoagulation therapy.

Our services include:

- Point-of-care (fingerstick) monitoring of your INR with results available within minutes.
- Medication dosage adjustment based on your INR results.
- Screening of drug-drug and drug-food interactions.
- Patient education.
- Face-to-face consultations so any questions and concerns can be answered for the patient.

## Where is the clinic located?

The St. Luke's Anticoagulation Clinic is located in the St. Luke's Desloge Outpatient Center - Building B, Suite 42, directly across from the hospital on the west side of Highway 141.



Anticoagulation Clinic  
St. Luke's Desloge Outpatient  
Center - Building B, Suite 42  
111 St. Luke's Center Drive  
Chesterfield, MO 63017

Phone: (314) 576-8115

Fax: (314) 576-8116

Hours: Mon-Fri 7 a.m.-3:30 p.m.



## Anticoagulation Clinic

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## What is the St. Luke's Anticoagulation Clinic?

The purpose of the Anticoagulation Clinic is to provide safe, convenient and effective management of warfarin (Coumadin®) therapy on an outpatient basis.

Anticoagulation therapy is the use of a medication to help prevent blood clots and is often described as a "blood thinner." Your physician has prescribed for you warfarin (Coumadin®) to help treat or prevent a serious blood clot condition. Warfarin therapy can be a harmful medication if not monitored closely. Your physician has referred you to the clinic in order to provide you with individualized and quality care while you take this medication.

Our clinic is staffed by pharmacists who are trained and certified in anticoagulation therapy management.

## What should I expect?

Your first visit consists of:

- Checking your INR with a fingerstick test. (INR is a measure of how long it takes your blood to clot.)
- Reviewing your medical history, medications, allergies, social history and bleeding history.
- Evaluating your INR results and making dosage changes, if necessary.
- Providing patient education.
- Scheduling a follow-up appointment.

Your follow-up visit consists of:

- Checking your INR with a fingerstick test.
- Reviewing any medication or health changes, missed doses or signs of bleeding.
- Evaluating INR results and making necessary dosage changes.
- Scheduling a follow-up appointment.

## How am I referred to the clinic?

We require your physician to make the referral to the anticoagulation clinic. Only physicians affiliated with St. Luke's Hospital can make a referral.

## What about insurance and billing?

Billing is prepared through the hospital's billing services. Before making an appointment, please call your insurance company to confirm coverage and possible deductibles or co-payments.

## What should I bring to my appointment?

Please bring a complete list of your home medications. This includes all prescription, over-the-counter and herbal medications.