



SUPPORTING YOUR
LOVED ONE WITH
DOWN SYNDROME
THROUGH
LOSS AND GRIEF
**PARENT &
CAREGIVER
WORKSHOP**



11:00 AM –
12:30 PM CST
SAT., APRIL 6TH,
2024

We are excited to welcome guest speaker Rose Reif for a guided discussion on loss and grief. Grief is a complex process and is more so for individuals with Down syndrome. Often, parents and loved ones are unsure of what to do or say. During this workshop, Rose will discuss ways in which grief may be processed and expressed differently by those with DS and strategies to help them better understand and cope in healthy ways.

For 10 years, Rose Reif supported people with Down syndrome and other disabilities as a Case Manager and Group Home Supervisor. In that time, she became frustrated by the lack of mental health services for adults with IDD and decided to do something about it. After earning a Masters in Rehabilitation Counseling from the Medical School at UNC in 2012, Rose started a private counseling practice in Cary, NC. As a Licensed Clinical Mental Health Counselor, she focuses on meeting the mental health needs of disabled adults and parents raising kids with disabilities. Rose is the author of "Helping Your Child with Down Syndrome to Understand Death and Cope with Grief". You can learn more about Rose at rosereif.com.



Virtual
TEAMS invite

To sign up, please scan the QR code
or [click here](#)



Please contact Courtney Gehrer, LCSW
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with any questions.

Albert Pujols
Wellness Center for *Adults* with
Down Syndrome