

St. Luke's Hospital Girl Talk



Saturday, January 21, 2012 ♦ 1 to 4 p.m. ♦ St. Luke's Hospital

A **FREE** event for mothers and daughters ages 11 and older.

Experience a fun and inspiring afternoon connecting with your daughter while she learns to connect the pieces of good health – from her physical health and body image to her social/emotional health and self-esteem.

Table Talk

Roundtable discussion with St. Luke's physicians and health experts on a variety of topics

"Dying to Be Thin" and "Straight Talk"

Kim McCallum, MD, Certified Eating Disorders Specialist

"Speak Up for Yourself"

Tara Osseck, Miss Missouri 2009

Bracelet-Making

Every girl and adult will make a beaded bracelet as a keepsake

Mom-and-Daughter Photos

By Pixie Posie Photography



[Register Now!](#) or call 314-542-4848.

The event is **FREE**, but registration is required. Space is limited.