# Continuing Medical Education (CME)

St. Luke's Hospital, in accordance with its mission to improve the quality of health and well-being of those it serves, recognizes that continuing medical education is a life-long process and supports a program for this purpose. Continuing medical education opportunities are provided for physicians of St. Luke's Hospital and the St. Louis Metropolitan area, as well as physicians from regional, national and on occasion, international locations.

In 2005, St. Luke's hosted 24 CME programs, totaling 264 credit hours. The programs drew a total of 5,107 attendees - 3,858 physicians and 1,249 non-physicians.

## Core Measure Data

St. Luke's is proud to report core measure data for three health care conditions: heart attack, heart failure and pneumonia.

## **Heart Attack Care**

July - Dec 2005	St. Luke's Hospital	Missouri Average	National Average
Aspirin at arrival	98%	90%	92%
Aspirin at discharge	96%	89%	89%
ACE for LVSD**	96%	84%	80%
Beta Blocker at arrival	93%	81%	85%
Beta Blocker at discharge	91%	85%	87%

<sup>\*\*</sup>ACE inhibitor for left ventricular systolic dysfunction (LVSD)

## **Heart Failure Care**

July – Dec 2005	St. Luke's Hospital	Missouri Average	National Average
LVF assessment*	100%	76%	80%
ACE for LVSD	99%	80%	80%
Smoking cessation	100%	74%	74%
Discharge Instructions	97%	52%	52%

<sup>\*</sup>Left Ventricular Function

## Pneumonia Care

July – Dec 2005	St. Luke's Hospital	Missouri Average	National Average
Antibiotics within 4 hours	80%	78%	77%
Oxygenation assessment	100%	99%	99%
Pneu screen and vaccine	91%	60%	56%
Blood cultures before anti- biotic	78%	82%	82%
Smoking cessation	90%	68%	71%

Missouri and national averages are based on January to June 2005 data published on the hospital compare Web site.

# Leader in Health Information and Education

#### Web site

St. Luke's takes great pride in maintaining the region's most comprehensive Web site for health information, www.stlukes-stl.com. With an average of more than 2,700 visitors a month, the site features an illustrated health encyclopedia, wellness calculators, pregnancy health center with week-by-week newsletter, drug interaction information, hospital services and information about physicians on staff, and online appointment capabilities.

## Physician Referral and Recruitment

St. Luke's connects patients with physicians and specialists through its physician referral service. Last year, registered nurses received over 20,000 calls and made more than 16,000 referrals.

## **Community Commitment**

St. Luke's commitment to its mission of "improving the health of the community we serve" is best evidenced by the ongoing health and wellness education programs provided, most of which are free of charge. Annual special events include the *Conversations for Women* and *Girl Talk* programs, the *A Fair of the Heart* health fair, *Just for Men* screening and informational forum and the *Concepts in School Nursing* workshop.

Ongoing Healthy Living classes are offered to the community and employees at St. Luke's Hospital. Class topics range from nutrition and exercise tips to tobacco cessation and heart disease prevention. Whenever possible, screenings are part of the program presentation, such as blood pressure checks, bone density screenings, grip strength and free cholesterol/glucose checks.

This past fiscal year, almost 30,000 people attended a program at the Hospital campus, Urgent Care Center or community site and received information from healthcare professionals. The "Ask the Expert" table at special events and health fairs, staffed by St. Luke's physicians, was always popular with participants.



## The Passport to Wellness Program

The objective of the Passport to Wellness program is to help St. Louis area employers identify, address and reduce the health risks associated with their workforce as a means of controlling health costs.

The Passport to Wellness program brings service lines from throughout St. Luke's Hospital onsite for St. Louis area employers. This is combined with high quality aggregate reporting and financial analysis reporting for employers to engage in a wellness initiative that is targeted and measurable.

Since the inception of the Passport to Wellness program in October 2005, 54 companies have enrolled for Passport to Wellness services, representing 51,595 full-time employees.

The Passport to Wellness program is also offered to St. Luke's employees. Since July 2005, more than 900 employees have enrolled in the program, each making a personal pledge to lead a healthier lifestyle. In return, employees can earn quarterly incentives by participating in health screenings and classes and earning Passport Rewards through an interactive fitness Web site customized for St. Luke's employees. Programs such as the "Weigh-to-Stay" and "Biggest Loser" contests engaged employees in healthy habits and friendly competition.





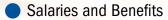
# Financials

# **Operating Results**

St. Luke's gain from operations for the fiscal year ending June 30, 2006 was \$10,088,000, representing an operating margin of 3.0 percent. Based on the hospital activity shown below, total operating revenue grew to \$339 million, a ten percent increase over the prior fiscal year. St. Luke's provided more than \$12 million in charity care to the community in fiscal year 2006.

The components of operating expenses are shown in the accompanying chart.

<b>Utilization Summary</b>	Fiscal Year 2005	Fiscal Year 2006
Admissions	18,412	18,404
Average Length of Stay (days)	4.6	4.6
Average Daily Census	232	233
Outpatient Registrations	167,073	164,851
Surgeries	20,180	19,598
Births	2,284	2,117
Emergency Department Visits	31,744	31,629
Surrey Place Average Residents per day	128	131



Supplies

- Depreciation
- Purchased Services
- Other (including: repairs, insurance, bad debt expenses, utilities, interest and software licenses)

