



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.umar.com](http://www.umar.com) or by calling 1-800-826-9781. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at [www.umar.com](http://www.umar.com) or call 1-800-826-9781 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <a href="#">deductible</a> ?	\$150 person / \$450 family Tier 1 \$880 person / \$2,640 family Tier 2 \$1,650 person / \$3,300 family Tier 3	You must pay all the costs up to the <a href="#">deductible</a> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <a href="#">deductible</a> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Preventive care</a> services are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <a href="#">deductibles</a> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	\$1,650 person / \$3,450 family Tier 1 \$5,580 person / \$12,040 family Tier 2 \$7,450 person / \$14,900 family Tier 3	The <a href="#">out-of-pocket limit</a> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Penalties, <a href="#">premiums</a> , <a href="#">balance billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.umar.com">www.umar.com</a> or call 1-800-826-9781 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays (a <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 Copay per visit	\$30 Copay per visit	50% Coinsurance	Deductible Waived Tiers 1 & 2
	<a href="#">Specialist</a> visit	\$40 Copay per visit	\$40 Copay per visit	50% Coinsurance	Deductible Waived Tiers 1 & 2
	<a href="#">Preventive care/screening/immunization</a>	Physician – No charge Facility – No charge	Physician – No charge Facility – No charge	Physician - 100% Facility – 50%	Deductible Waived Preventive Care & screening to age 18; Deductible Waived Immunizations Tiers 1 & 2 to age 18; Deductible applies Immunizations Tier 3 to age 18 Deductible Waived Tiers 1 & 2 from age 18; Deductible Applies Tier 3 from age 18
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	Office Setting – No charge Outpatient Setting - 15% Coinsurance	Office Setting – No charge Outpatient Setting -35% Coinsurance	50% Coinsurance	Deductible Waived Tiers 1 & 2 office setting

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
	Imaging (CT/PET scans, MRIs)	Office Setting – No charge Outpatient Setting - 15% Coinsurance	Office Setting – No charge Outpatient Setting -35% Coinsurance	50% Coinsurance	Deductible Waived Tiers 1 & 2 office setting
If you need drugs to treat your illness or condition.	Generic drugs	\$12 Copay (retail); \$24 Copay (mail order)	Retail Copays - First Fills \$12 Refills \$18 Mail Order Copays - First Fills \$24 Refills \$36	Retail Copays - First Fills \$12 Refills \$18 Mail order Copays - First Fills \$24 Refills \$36	Covers up to a 30 day supply (retail); 31-90 day supply (mail order) More information about <b><u>prescription drug coverage</u></b> is available at; <a href="http://www.express.scripts.com">www.express.scripts.com</a> or 844-583-7036
	Preferred brand drugs	\$25 Copay (retail); \$50 Copay (mail order)	Retail Copays - First Fills \$25 Refills \$30 Mail Order Copays - First Fills \$50 Refills \$67.50	Retail Copays - First Fills \$25; Refills \$30 Mail Order Copays - First Fills \$50 Refills \$67.50	
	Non-preferred brand drugs	\$50 Copay (retail); \$100 Copay (mail order)	Retail Copays - First Fills \$50 Refills \$55 Mail Order Copays - First Fills \$100 Refills \$130.	Retail Copays - First Fills \$50 Refills \$55 Mail Order Copays - First Fills \$100 Refills \$130.	
	Specialty drugs	Min \$75 Copay Max \$150 Copay	Min \$75 Copay Max \$150 Copay	Min \$75 Copay Max \$150 Copay	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% Coinsurance	35% Coinsurance	50% Coinsurance	None
	Physician/surgeon fees	15% Coinsurance	15% Coinsurance	50% Coinsurance	Tier 1 deductible applies to Tier 2 benefits.
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$150 Copay per visit	\$150 Copay per visit	\$150 Copay per visit	Deductible waived, Copay may be waived if admitted
	<a href="#">Emergency medical transportation</a>	15% Coinsurance	15% Coinsurance	15% Coinsurance	Tier 1 deductible applies to Tier 1 & 3 benefits.
	<a href="#">Urgent care</a>	\$35 Copay per visit	\$50 Copay per visit	50% Coinsurance	Deductible waived Tier 1 & 2
If you have a hospital stay	Facility fee (e.g., hospital room)	15% Coinsurance	35% Coinsurance	50% Coinsurance	Prior authorization is required or benefits could be reduced by \$500 per admission
	Physician/surgeon fee	15% Coinsurance	15% Coinsurance	50% Coinsurance	Tier 1 deductible applies to Tier 2

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Outpatient services	\$30 Copay per visit PCP \$40 Copay per visit Specialist	\$30 Copay per visit PCP \$40 Copay per visit Specialist	50% Coinsurance	Deductible Waived Tiers 1 & 2
	Inpatient services	15% Coinsurance	15% Coinsurance	50% Coinsurance	Tier 1 deductible applies to Tier 2 benefits; Prior authorization is required or benefit is reduced by \$500 per admission
<b>If you are pregnant</b>	Office visits	\$30 Copay per visit PCP \$40 Copay per visit Specialist	\$30 Copay per visit PCP \$40 Copay per visit Specialist	50% Coinsurance	Deductible Waived Tiers 1 & 2 for prenatal care. Tier 1 deductible applies to Tier 2 benefits for physician.
	Childbirth/delivery professional services	15% Coinsurance	15% Coinsurance physician	50% Coinsurance	
	Childbirth/delivery facility services	15% Coinsurance	35% Coinsurance facility;	50% Coinsurance	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	15% Coinsurance	35% Coinsurance	50% Coinsurance	90 Maximum visits per calendar year combined with Hospice Outpatient; Prior authorization is required
	<a href="#">Rehabilitation services</a>	\$30 Copay per visit PCP \$40 Copay per visit Specialist office therapy 15% Coinsurance hospital therapy	\$30 Copay per visit PCP \$40 Copay per visit Specialist office therapy 35% Coinsurance hospital therapy	50% Coinsurance	60 Maximum visits per calendar year
	<a href="#">Habilitation services</a>	15% Coinsurance	35% Coinsurance	50% Coinsurance	None
	<a href="#">Skilled nursing care</a>	15% Coinsurance	35% Coinsurance	50% Coinsurance	Prior authorization required.
	<a href="#">Durable medical equipment</a>	25% Coinsurance	25% Coinsurance	50% Coinsurance	Tier 2 deductible applies to Tier 1 benefits; Prior authorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases
	<a href="#">Hospice service</a>	15% Coinsurance	35% Coinsurance	50% Coinsurance	90 Maximum visits per calendar year combined with Home Healthcare; Prior authorization is required
If your child needs dental or eye care	Children's eye exam	\$30 Copay per visit PCP \$40 Copay per visit Specialist	\$30 Copay per visit PCP \$40 Copay per visit Specialist	50% Coinsurance	Deductible Waived Tiers 1 & 2 1 Maximum exam per calendar year

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 (You will pay the least)	Tier 2	Tier 3 (You will pay the most)	
	Children's glasses	Not covered	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	Not covered	None

**Excluded Services & Other Covered Services:**

Services Your <a href="#">Plan</a> Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Bariatric surgery</li> <li>• Cosmetic surgery</li> <li>• Dental care (adult)</li> </ul>	<ul style="list-style-type: none"> <li>• Hearing aids</li> <li>• Infertility treatment</li> <li>• Long-term care</li> <li>• Non-emergency care when traveling outside the U.S.</li> </ul>	<ul style="list-style-type: none"> <li>• Private-duty nursing</li> <li>• Routine foot care</li> <li>• Weight loss programs</li> </ul>

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)
<ul style="list-style-type: none"> <li>• Routine eye care (adult)</li> </ul>

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#) or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Additionally, a consumer assistance program may help you file your [appeal](#). A list of states with Consumer Assistance Programs is available at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) and <http://cciio.cms.gov/programs/consumer/capgrants/index.html>.

Does this [plan](#) Provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

**Does this [plan](#) Meet the Minimum Value Standard? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$150
- [Specialist copayment](#) \$40
- Hospital (facility) [coinsurance](#) 15%
- Other [coinsurance](#) 15%

This EXAMPLE event includes services like:  
Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$150
Copayments	\$40
Coinsurance	\$1,920
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$2,110</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$150
- [Specialist copayment](#) \$40
- Hospital (facility) [coinsurance](#) 15%
- Other [coinsurance](#) 15%

This EXAMPLE event includes services like:  
Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles*	\$150
Copayments	\$160
Coinsurance	\$1,100
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$1,410</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$150
- [Specialist copayment](#) \$40
- Hospital (facility) [coinsurance](#) 15%
- Other [coinsurance](#) 15%

This EXAMPLE event includes services like:  
Emergency room care (*including medical supplies*)  
Diagnostic tests (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles*	\$150
Copayments	\$40
Coinsurance	\$285
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$475</b>

Note: These numbers assume the patient does not participate in the [plan's](#) wellness program. If you participate in the [plan's](#) wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: [www.umar.com](http://www.umar.com) or call 1-800-826-9781.

\*Note: This plan has other [deductibles](#) for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.