

# 2007 Annual Report



# Welcome to St. Luke's 2007 annual report



Gary Olson and Lewis Shepley in front of the Mr. and Mrs. Theodore P. Desloge, Jr. Outpatient Center, slated for completion in spring 2008.

This is a perfect time of year to look at the many activities under way at St. Luke's Hospital and to look forward to the exciting year that 2008 is sure to be. There are numerous facility updates and expansion programs with new services coming to St. Luke's, and continuous focus on our quality of care. These enhancements are for the safety and comfort of our patients, visitors and staff.

An exciting achievement for St. Luke's this year was being named one of America's 50 Best Hospitals™ for 2007 by HealthGrades®, a leading, national independent healthcare ratings company. This quality designation recognizes hospitals that have demonstrated superior clinical quality, ranking in the top 5 percent of hospitals each year over a seven-year period. The hospitals on this list have achieved better survival rates and lower complication rates across dozens of medical procedures and diagnoses.

St. Luke's culture of quality, compassionate care has been recognized on the national level by HealthGrades but also at state and regional levels, as you will see in this report. Our quality data for key diagnoses show the public what patients experience here every day – our commitment to patient care and safety.

In addition, St. Luke's has also become one of the area's most recognized employers. The *St. Louis Business Journal* once again named St. Luke's one of the Best Places to Work in St. Louis for 2007. This is the fifth time St. Luke's has been given this honor, and for the second year in a row we were the only hospital on the list.

One of the most outward demonstrations of our plans for the future is the Mr. and Mrs. Theodore P. Desloge, Jr. Outpatient Center, currently taking shape for an early spring 2008 opening. The new facility is being built on the west side of Highway 141, directly across from the hospital's main entrance.

These projects are vital to the health and longevity of St. Luke's Hospital and would not be possible without the ongoing, generous contributions from our supporters. The Friends of St. Luke's is entering its third year and has done an amazing job of promoting St. Luke's and raising our profile in the community. *Advancing Excellence with Exceptional Care – The Campaign for St. Luke's Hospital* is another key effort to enhance the hospital's offerings and advance our mission of improving the health of the community. This five-year campaign, initiated over two years ago, is the hospital's first campaign in nearly 20 years.

We ask that you join us as we peer into St. Luke's future – one of optimism, strength, health and growth.

Sincerely,



Gary Olson  
President and CEO



Lewis B. Shepley  
Chairman, Board of Directors

# About St. Luke's

St. Luke's Hospital is a 493-bed, full-service healthcare facility that has been providing compassionate care to our community for more than 140 years. St. Luke's is a premier, regional healthcare provider, specializing in individualized care. Services include cardiovascular care, cancer care, neurosurgery and neurology, maternity services, women's health, general medicine, outpatient services, pediatrics and comprehensive surgical services.

St. Luke's also maintains five Urgent Care Centers, located in Ellisville, WingHaven, Fenton, Weldon Spring and Kirkwood – key ways in which St. Luke's touches lives across our entire community.



# Living Our Mission

## **Mission Statement**

*Faithful to our Episcopal-Presbyterian heritage, and its ministry of healing, St. Luke's Hospital is dedicated to improving the health of the community. Using talents and resources responsibly, our medical staff, employees and volunteers provide care for the whole person with compassion, professional excellence, and respect for each other and those we serve.*

## **St. Luke's Mission Outreach**

St. Luke's employees are consistently generous with their time and treasure, donating items to various food, clothing, book and school supply drives throughout the year. In 2006, our employees donated over 800 pounds of food during the spring food drive to Operation Food Search. In addition, thousands of school supply items were donated to our Pediatric Care Center, and several hundred pieces of winter clothing were donated to area charitable organizations.

## **Pediatric Care Center**

St. Luke's Pediatric Care Center in North St. Louis County has been providing care for medically underserved and underinsured children in the St. Louis region for over 60 years. The Center offers care for children from birth to age 18 in a private practice setting rather than a clinic setting. The primary goal of the Center is to establish and maintain access to healthcare for families through a primary care physician. In the 2007 fiscal year, the Center saw nearly 4,500 children.

## **St. Luke's Auxiliary**

Volunteers play an important role at St. Luke's. They help the hospital extend its mission of service to one another and the community. Since 1952, the Auxiliary of St. Luke's has supported the hospital through fund raising, community service projects and social events. They help promote spiritual, emotional and physical well-being. And, most importantly, volunteers demonstrate care and concern to those in need.

One key role the Auxiliary plays is operating the Hospital Gift Shop, where a dozen volunteers assist with the buying, pricing and displaying of the merchandise. The Gift Shop is open seven days a week with the help of volunteer staffers, and the funds generated by the Shop go to the Auxiliary's annual pledge to St. Luke's. These valuable gifts help with many of the improvements occurring across the campus.

# Specialized Care

## Heart Institute

St. Luke's Heart Institute continues to maintain a high standard of excellence in the medical community by providing specialized cardiac services and individualized care for patients and their families. The St. Luke's team offers state-of-the-art diagnostic and surgical procedures, heart disease prevention programs and rehabilitation programs for recovering from coronary artery disease.

## Brain and Spine Center

The first of its kind in the region, St. Luke's Brain and Spine Center provides surgical and non-surgical treatment options for various neurological diseases and injuries to the nervous system. The Center's physicians work together in one center to diagnose and treat a number of brain and spine conditions, including tumors and infections, stroke, multiple sclerosis, epilepsy, chronic back pain, movement disorders, head pain, dementia, and degenerative lumbar, cervical and thoracic disorders.

## The Women's Center

St. Luke's is committed to providing compassionate and comprehensive care to women, while offering a wide spectrum of women's services along with advanced care in medical specialties. Featured services include: mammography services, the Breast Care Center, cardiovascular services, cancer services, Birth Care Suites and perinatal services, osteoporosis services and the Women's Outpatient Diagnostic Center.

## Orthopedic Services

St. Luke's comprehensive orthopedic care program offers a full complement of orthopedic services, including: total joint replacements, repair of hip fractures, upper- and lower-extremity fractures, as well as arthroscopic shoulder and knee surgery.

## Center for Cancer Care

St. Luke's Hospital and its team of experienced physicians, nurses and medical staff work together to ensure accurate and timely diagnoses for patients. The Center's services and treatments include: mammography services, the Breast Care Center, radiology services, research, radiation oncology, infusion services and the Cancer Resource Center. St. Luke's was one of the first hospitals in the area to acquire the new Trilogy™ linear accelerator, further enhancing our abilities to treat cancer.



**Richard Morris**  
**Coronary Artery Bypass Patient**

“I am indebted to St. Luke’s...I give all the credit to St. Luke’s Hospital and their undying care...the nurses in recovery and cardiac rehab are why I’m here today in better shape than ever...Now I’m dancing all night!”



**Kelly Parker**  
**High-Risk Maternity Patient**

“The nurses are so wonderful...they take time out of their day to talk to you...It means more to the patient than they’ll ever know...I’ll never forget them.”



**Ann Shadowens**  
**Breast Cancer Survivor**

“I never stopped living my life...I was not about to let anything slow me down...I just kept going...I have a positive outlook, and I often think about people who go through something like this without support...I want to be their support...I’m getting on with my life...I have a lot of things I want to do.”

# Safety, Quality and Recognition

## One of America's 50 Best Hospitals™

St. Luke's Hospital was named as one of America's 50 Best Hospitals for 2007 by HealthGrades®, a national independent healthcare ratings company.



The designation recognizes hospitals that have demonstrated superior clinical quality over a seven-year time period, based upon an analysis of tens of millions of Medicare patient records from 1999 to 2005. These hospitals have achieved better survival rates and lower complication rates across dozens of medical procedures and diagnoses, from cardiac care to orthopedic surgery, consistently ranking among the top 5 percent in the nation for overall clinical outcomes.

## Best Places to Work

St. Luke's Hospital was named one of the Best Places to Work in St. Louis by the *St. Louis Business Journal* for 2007. St. Luke's was the only hospital on the list, and this is the fifth year we've been given this honor. The hospital was evaluated in several categories, including benefits and flexible work schedules. St. Luke's understands that a full and happy life has to include a healthy balance. We understand that our employees want to grow as professionals, and we encourage those endeavors wholeheartedly. All of these traits, along with our culture of family, earn St. Luke's a repeated place on this distinguished list.

ST. LOUIS **BUSINESS** JOURNAL

**Best Places to Work**

## Breakthrough in Fertility Treatment

In February 2007, Sherman Silber, MD, of the Infertility Center of St. Louis at St. Luke's Hospital, pioneered a new type of human ovary transplant procedure. This is the first time an ovary has been transplanted between non-identical sisters. Previously, only identical twin sisters could participate in this fertility-restoring procedure, but Dr. Silber has now developed a way to use this technology on non-twin, non-identical sisters.

In 2004, Dr. Silber performed the first ovarian tissue transplant on identical twin sisters. This restored the fertility to the recipient sister. There subsequently have been many more successful ovarian transplants between identical twin sisters performed by Dr. Silber. He has also perfected egg and embryo freezing through a technique called "vitrification," allowing in-vitro fertilization to be performed more safely, with less expense and avoiding the risk of dangerous multiple pregnancies.

## Quality Data

St. Luke's is committed to evidence-based best practices and clinical care. The following data represent three medical conditions: heart attack, heart failure and pneumonia. These data are publicly reported as required by the government and other regulatory bodies.

### Heart Attack Care

Oct 2005 - Sept 2006	St. Luke's Hospital	Missouri Average	National Average
Aspirin at arrival	96%	92%	92%
Aspirin at discharge	97%	87%	90%
ACE inhibitor or ARB for LVSD**	90%	76%	82%
Beta Blocker at arrival	97%	83%	87%
Beta Blocker at discharge	94%	87%	90%
Smoking cessation advice/ counseling	98%	92%	88%

\*\*Angiotensin converting enzyme inhibitor or angiotensin receptor blocker for left ventricular systolic dysfunction.

### Heart Failure Care

Oct 2005 - Sept 2006	St. Luke's Hospital	Missouri Average	National Average
LVF assessment*	100%	79%	83%
ACE or ARB for LVSD	96%	84%	82%
Smoking cessation advice/ counseling	97%	80%	82%
Discharge instructions	96%	62%	61%

\*Left ventricular function

### Pneumonia Care

Oct 2005 - Sept 2006	St. Luke's Hospital	Missouri Average	National Average
Oxygenation assessment	100%	99%	99%
Blood cultures before antibiotic	94%	92%	90%
Antibiotic within 4 hours	83%	81%	80%
Most appropriate initial antibiotic	89%	81%	83%
Assessed and given pneumococcal vaccination	95%	70%	69%
Smoking cessation advice/ counseling	90%	83%	80%

Missouri and national averages are based on October 2005 to September 2006 data published on [www.hospitalcompare.hhs.gov](http://www.hospitalcompare.hhs.gov).

# Leader in Health Information and Education

## Physician Referral

St. Luke's connects patients with nearly 1,000 physicians in over 60 specialties through its Physician Referral service. Last year, our registered nurses received over 21,000 calls and made more than 16,000 referrals through phone calls or Internet requests, including 1,100 same-day appointments.

## Continuing Medical Education

St. Luke's Hospital prides itself in its high-quality, informative and interesting Continuing Medical Education (CME) opportunities for clinical staff. Education is a lifelong process, and St. Luke's strives to be on the forefront of continuing education offerings for physicians and other clinicians from the region and the nation. In 2006 St. Luke's hosted 24 CME programs for a total of 265.5 credit hours. The programs drew nearly 4,000 physicians and 1,000 non-physicians. St. Luke's is the only non-university hospital in St. Louis that has earned the national status of "Accreditation" for a four-year term by the Accreditation Council for Continuing Medical Education.

## Passport to Wellness

Passport to Wellness was introduced to St. Louis area businesses in 2005 as a benefit to the employer community. We partner with employers to identify workforce health risks and address these risks as a means of controlling costs. So far nearly 90 employer groups have enrolled more than 70,000 employees. Last year St. Luke's provided screening services such as cholesterol, glucose, blood pressure and bone density testing on-site at more than 55 employer health events.



## Web Site

St. Luke's has one of the area's most comprehensive health information Web sites, [www.stlukes-stl.com](http://www.stlukes-stl.com). With an average of more than 106,000 visits per month, the site features an illustrated health encyclopedia, a weekly pregnancy e-newsletter, drug interaction information, hospital services and information about physicians on staff.



## Community Outreach

St. Luke's continues its strong commitment and dedication to improving the health of the community it serves. Through the Healthy Living class series, programs are provided to children and adults of all ages. In addition, special health fairs and workshops are held throughout the year with free screenings and informational booths.

St. Luke's Institute for Health Education serves as a meeting place for continuing education for physicians, employees and other healthcare professionals. This facility is the host site for many community healthcare-related groups holding their organizations' monthly meetings, support groups or annual workshops.



## Operating Results

St. Luke's gain from operations for the fiscal year ending June 30, 2007 was \$13,918,000, representing an operating margin of 3.8 percent. Based on the hospital activity shown below, total operating revenue grew to \$363 million, a 7.1 percent increase over the prior fiscal year. St. Luke's provided more than \$12.8 million in charity care to the community in fiscal year 2007.

The components of operating expenses are shown in the accompanying chart.

<b>Utilization Summary</b>	<b>Fiscal Year 2006</b>	<b>Fiscal Year 2007</b>
Admissions	18,390	18,924
Average Length of Stay (days)	4.6	4.6
Average Daily Census	233	240
Surgeries	19,598	19,255
Births	2,117	2,192
Outpatient Registrations	164,851	169,102
Emergency Department Visits	31,629	31,931
Urgent Care Center Visits	82,656	86,984
Surrey Place Average Residents Per Day	131	132

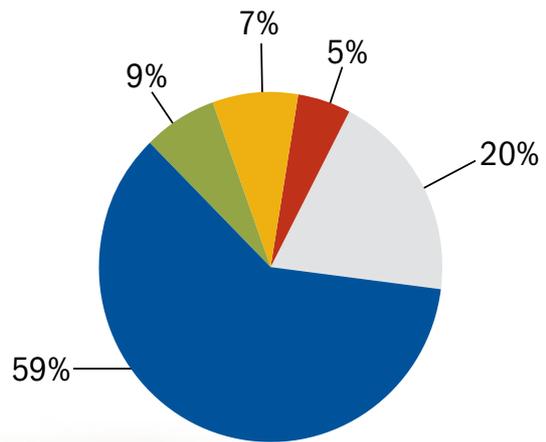
● Salaries and Benefits

● Supplies

● Depreciation

● Purchased Services

● Other (including: repairs, insurance, bad debt expenses, utilities, interest and software licenses)



# Growth and New Technology

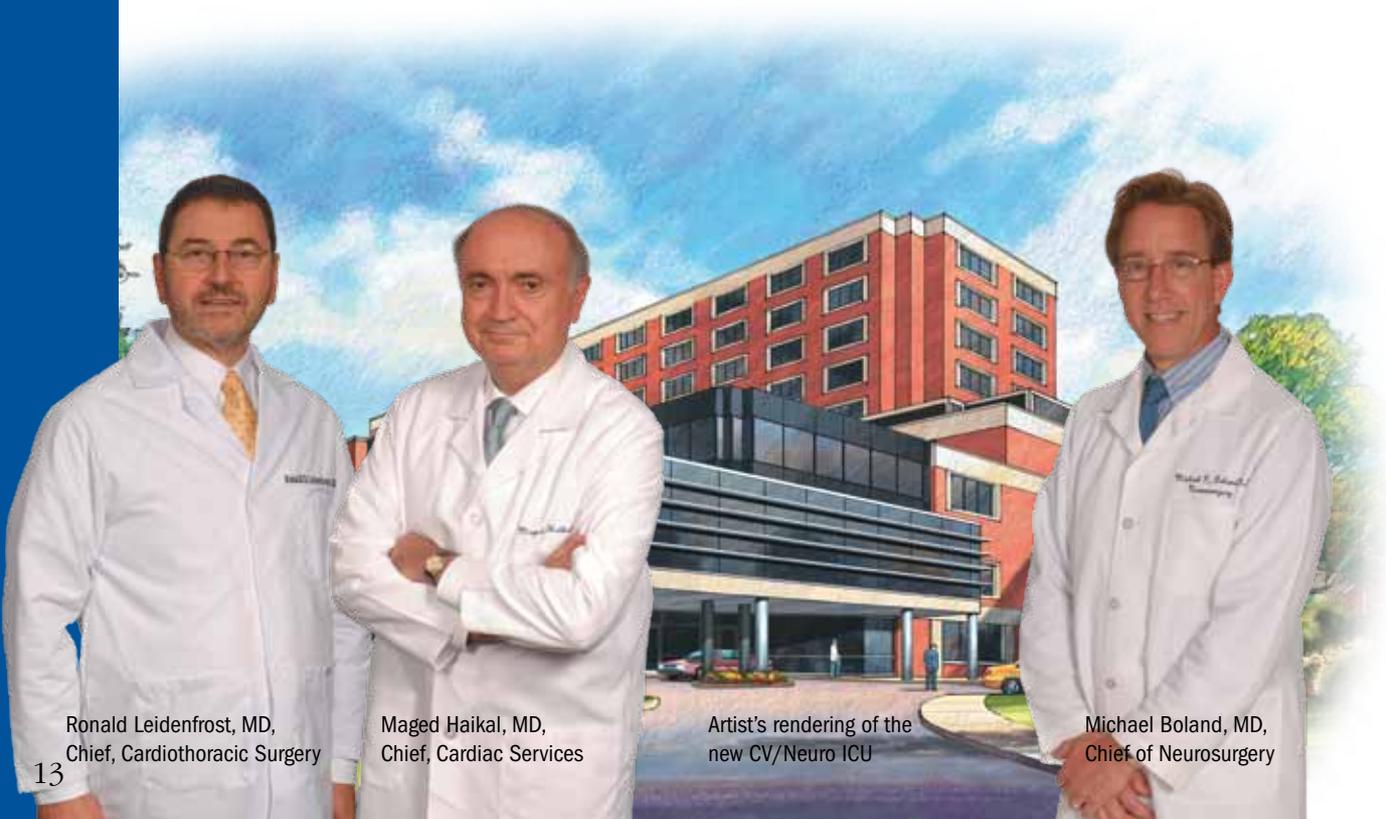
## West Campus Outpatient Center

Theodore P. and Linda Desloge, Jr. have pledged \$5 million to St. Luke's Hospital for the naming of the new Outpatient Center. The Desloges' gift is among the largest ever received by St. Luke's and is helping build momentum for the hospital's *Advancing Excellence with Exceptional Care Campaign*. The entire St. Luke's community expresses its sincere gratitude for this outstanding contribution. The long-term vision of the Desloges and other campaign donors will have profound effects on the quality of healthcare in the St. Louis community for generations to come.

## Heart Institute Expansion

St. Luke's Hospital recently began work on its expanded Heart Institute. This 22,000-square-foot addition will include a new Cardiovascular/Neurosurgical Intensive Care Unit and consolidated cardiovascular services, including the advanced diagnostic equipment needed for early detection of heart disease and minimally invasive procedures.

St. Luke's was ranked in 2007 by HealthGrades in the top 10 percent or better of hospitals for stroke care and received a five-star rating, the highest rating for heart failure care. The Heart Institute offers patients a continuum of care from prevention through diagnosis, treatment, rehabilitation and recovery.



Ronald Leidenfrost, MD,  
Chief, Cardiothoracic Surgery

Maged Haikal, MD,  
Chief, Cardiac Services

Artist's rendering of the  
new CV/Neuro ICU

Michael Boland, MD,  
Chief of Neurosurgery

## Advanced Treatment for Cancer

The Center for Cancer Care at St. Luke's Hospital recently acquired one of the most advanced medical linear accelerator systems in the world – the new Trilogy™ Stereotactic System. The addition of this new system means that the Center is now able to offer every type of external beam radiation therapy, from the currently available conventional radiotherapy to the newest and most advanced technique: image-guided radiotherapy (IGRT). These highly advanced treatment modalities deliver tightly focused, shaped radiation beams with superior accuracy.

## Vascular Access Center

St. Luke's Vascular Access Center is a new, outpatient department that provides area physicians and their patients with new options for vascular access-related services. This innovative outpatient facility, located in Frontenac, provides services to patients receiving hemodialysis, chemotherapy, apheresis and all types of home infusion therapy. The Center is the first of its kind in Missouri to offer specialized, long-term vascular access care. Services offered at the Center include image-guided, minimally invasive procedures, patient education and diagnosis and repair of dysfunctional vascular access devices.

## New Rehabilitation Hospital

St. Luke's and RehabCare Group, Inc. will develop and operate a new physical rehabilitation hospital on the campus of Surrey Place, St. Luke's skilled nursing facility, located three miles west of St. Luke's main facility. Construction is expected to be complete by early 2009. The new 35-bed, 28,000-square-foot facility will provide medical and therapy services for area residents who are in need of inpatient physical rehabilitation.

## Urgent Care Center in Kirkwood

St. Luke's will open its fifth area Urgent Care Center, in Kirkwood in the Woodbine Shopping Center on Kirkwood Road. This location is in addition to the Ellisville, Fenton, WingHaven and Weldon Spring sites. Slated to open in fall 2007, this new Center will provide prompt medical treatment without an appointment. All five Centers are staffed by board-certified physicians, registered nurses and X-ray and lab technicians.

## Third Dialysis Center

St. Luke's opened a third Affiliated Hospitals Dialysis Center, in Ellisville early in 2007, to complement the services offered at its other locations in Fenton and Creve Coeur. The Centers serve individuals with chronic renal disease who require outpatient hemodialysis treatment, in addition to providing training and backup medical services for home dialysis.

## Family Centered Maternity Care

In January this year, St. Luke's implemented Family Centered Maternity Care, an innovative care model that is the driving force behind the way the hospital delivers maternity care. Mothers and infants are cared for as a "couplet" by the same nurse, to facilitate teaching of parenting skills and to promote family bonding. St. Luke's nurses provide an expanded menu of options for labor and pain management, including labor tubs and birthing balls, as well as other physiologic techniques to complement the epidural option.

# Philanthropy at St. Luke's

Gifts from grateful patients, physicians, employees and friends are a vital source of support for St. Luke's Hospital. Charitable contributions strengthen the hospital's ability to provide healthcare excellence with the latest technology and medical innovations.

***The Advancing Excellence with Exceptional Care Campaign*** is the largest ever for St. Luke's Hospital. The campaign will dramatically impact patient access, safety and services. Currently, over \$17 million has been committed. In fiscal year 2007, gifts for the campaign exceeded \$3.7 million.

***Components of the new Campaign include*** provisions for attracting and retaining outstanding physicians, increasing access to outpatient services, gaining access to the latest, non-invasive technology and procedures, providing care with safety as the first priority and continuing to provide care to those in need.

***Facility enhancements include:***

- The new Theodore P. and Linda Desloge, Jr. Outpatient Center
- The Orthwein Brain & Spine Center
- Expanded CV/Neuro ICU and Heart Institute
- Women's Health Services
- Support for St. Luke's Center for Cancer Care
- Support for the Pediatric Care Center

***Annual giving through the Friends of St. Luke's*** continues to increase. This year nearly 300 families supported the Friends with contributions totaling nearly \$200,000. Annual giving strengthens our ability to provide outstanding care with the latest technology and medical innovations.

Gifts including cash, appreciated securities, planned gifts and bequests help deliver the level of quality care that is St. Luke's promise to our community.



*friends*  
of St. Luke's

*Advancing*  
**EXCELLENCE**  
*with* **EXCEPTIONAL**  
THE CAMPAIGN FOR **CARE**  
ST. LUKE'S HOSPITAL



Annie Schlafly, President,  
Friends of St. Luke's and Jack  
Biggs Jr., Campaign Chairman

# Leadership



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**HOSPITAL**

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