



St. Luke's



St. Luke's Hospital

Community Health Implementation Plan

2025



St. Luke's
HOSPITAL



St. Luke's is committed to improving the health and quality of life for our patients and the community. This commitment is supported through the triennial development of St. Luke's Hospital's Community Health Needs Assessment (CHNA). The 2025 CHNA was approved by the St. Luke's Board in June 2025.

As a result of the 2025 CHNA, the following significant health needs were selected to be addressed through implementation of initiatives outlined in this St. Luke's Hospital Community Health Implementation Plan (CHIP) between fiscal years 2026 and 2028:

- Older Adults and Age-Related Illnesses
- Weight Management and Heart Health
- Cancer

The selection of these priority needs was guided by St. Luke's CHNA Steering Committee, comprised of St. Luke's leaders who carefully considered and prioritized data from a variety of public health sources, community survey input, and feedback from stakeholder focus groups. Additional health needs that were identified but not selected as focus areas for the 2025 CHNA are identified at the end of this report.

The St. Luke's CHNA Steering Committee developed CHIP goals, objectives, and interventions, advised on resources and partnerships, and will continue to advise on the progress of the CHIP over the next three years.

The St. Luke's Board approved and adopted the St. Luke's Hospital Community Health Implementation Plan in August 2025.

Questions or feedback about the St. Luke's Hospital CHIP can be emailed to SLHCommunityBenefit@stlukes-stl.com, or by writing:

St. Luke's Hospital, Community Outreach
Attn: Community Benefit
232 S. Woods Mill Road
Chesterfield, MO 63017

Older Adults & Age-Related Illnesses

The age group comprised of individuals ages 45-64 is the largest age group of the St. Luke's Hospital CHNA geography. 30% of the Chesterfield (63017) population, where St. Luke's Hospital is located, is age 65+.

Older adults are at higher risk for chronic health problems and are more likely to be admitted to the hospital for infections like pneumonia. The prevalence of age-related illnesses is heightened in the St. Luke's Hospital CHNA. Arthritis and joint disease rates are elevated above benchmark as is the rate of Alzheimer's disease as an underlying cause of death.

The greater population of older adults in the St. Luke's Hospital community allows for many opportunities to address the needs of this demographic, including but not limited to core preventive services, health literacy, physical activity, social isolation, and chronic disease management.



Older Adults and Age-Related Illnesses

GOAL: Improve access, collaboration, and continuity of care to promote safe and healthy living for older adults

Interventions	<i>Education</i>
	Utilize digital boards in patient rooms for personalized resources and/or provider instructions prior to discharge
	Expand St. Luke's outreach education and screening strategy in the community with additional local partners
	Develop online risk assessments to educate and connect to resources
	<i>Access</i>
	Assess the opportunity to establish an Age-Friendly/Senior Emergency Department
	Expand chronic heart failure clinic
	Assess the opportunity to partner with local mobile food distribution provider at senior hubs
	<i>Continuity of Care</i>
	Assess the opportunity develop a home assessment program to promote safe living environment
Outcomes	Increased awareness and knowledge to prevent and address health issues
	Increased access and connections to community support services
	Improve continuity of care during and after hospitalization to ensure safe and healthy living
Resources & Collaborations	<i>St. Luke's Resources:</i> Information Services, Nursing, Social Work, Community Benefit, Community Outreach, Pharmacy, Strategy, Emergency Department, Clinical Education, Cardiac Services, Physical and Occupational Therapy, Maintenance
	<i>Potential Collaboration:</i> Software vendors, Aging Ahead, Places of Worship, Libraries, Community Centers, Accreditation Agencies, Food Bank Providers, Home Improvement Stores, Local Colleges, Grantors, Donors

Weight Management and Heart Health

Overweight and obesity-related health conditions including hypertension, heart disease, and diabetes represent some of the leading chronic conditions in the St. Luke's Hospital CHNA geography, and heart disease is the leading underlying cause of death.

Obesity is linked to many health conditions, and initiatives intended to prevent obesity and maintain a healthy weight such as promotion of healthy eating and increasing physical activity will also reduce risk factors for heart disease and other health conditions.



Weight Management and Heart Health

GOAL: Improve healthy weight status through education and increasing opportunities to eat healthy and incorporate physical activity

Interventions	Community Education
	Expand community education offerings to include family-focused topics involving caregivers/parents and children
	Expand community education offerings to include common insurance benefits to promote healthy lifestyles
	Outreach
	Partner with community centers to provide new offerings of weight and heart-health activities
	Access
	Engage with Meals on Wheels of Greater St. Louis to identify potential collaborative engagement to include healthier food availability in senior meals
	Explore community partnership opportunities to expand CV disease prevention and education
Outcomes	Improved knowledge and awareness of healthy food and exercise options and resources
	Improve continuity of care during and after hospitalization to ensure safe and healthy living
Resources & Collaborations	St. Luke's Resources: Food & Nutrition Services, Therapy Services, Community Outreach, Community Benefit, Cardiac Services
	Potential Collaboration: Local Gyms and Recreation Centers, Community Kitchens, American Heart Association, Places of Worship, Insurance Providers, Meals on Wheels, Aging Ahead, Grocers, Local Farms, Volunteers in Medicine - West County, Missouri Department of Health and Senior Services

Cancer

Cancer is the third most prevalent chronic disease, but the second leading cause of death in the St. Luke's Hospital CHNA community. Cancer is the only chronic disease in the St. Luke's Hospital CHNA community to exceed benchmark, and prevalence rates of cancer exceed the St. Louis County benchmarks of most tumor types. The St. Luke's Hospital CHNA community also reflects higher rates of cancer screenings (mammography, colorectal, Pap smear) compared to St. Louis County benchmarks.

Minimizing barriers to access or social determinants of health and promotion of screenings and risk factor reduction are effective strategies to connect patients to treatment and reduce cancer deaths. Cancer care is a service line strength at St. Luke's, and we plan to continue to improve the health of our community through prevention and early detection.



Cancer

GOAL: Increase opportunities for screening and education, and improve support services and resources to reduce the burden of cancer in our community

Interventions	Access
	Pursue purchase of new mammography van
	Evaluate need and opportunity to develop additional support groups for top three St. Luke's cancer types
	Outreach
	Develop targeted awareness campaign promoting screening recommendations
	Promotion
	Develop and promote online screening awareness modules, including alternate screening methods
	Develop campaign to promote St. Luke's and community-based partner clinical services and resources for cancer care and support
Outcomes	Increase cancer screening rates
	Improve awareness of cancer care resources and services
	Strengthen connections and referrals to community support
Resources & Collaborations	St. Luke's Resources: Cancer Care Nutrition & Social Services, Development Office, Community Benefit, Information Services, Community Outreach, Marketing, Medical Providers
	Potential Collaboration: Grantors, Donors, American Cancer Society, Media

Additional Community Health Needs

The St. Luke's Hospital CHNA process identified additional significant health needs, however limited resources require that focused CHNA-related initiatives align with St. Luke's ability to make an impact. The following community needs were identified in the CHNA process, however, were not selected as focus areas in St. Luke's Hospital's 2025 CHNA.

Foreign-born Population:

St. Luke's is committed to providing all patients with quality health care services, delivered with dignity and concern. To ensure effective communication with patients and family members, St. Luke's provides language translation services through interpreters. Development of CHNA initiatives to assist the growing foreign-born population was not selected as a specific focus, however the needs of this population will be considered when developing initiatives focused on the selected priority needs.

Mental Health & Substance Abuse:

While community survey respondents and stakeholder partners ranked mental health as an under-resourced and elevated concern for our local community, St. Luke's will need to rely on partners to provide mental health and substance abuse services to effectively address the prevalent needs. St. Luke's will continue to partner with community-based organizations and mental health providers better suited to address the mental and behavioral health needs of our community for the most efficient and appropriate transfer of patients in need.

Geographic Vulnerabilities – Valley Park:

As an existing service provider, St. Luke's is committed to continuing to offer health care services to residents of Valley Park. Being a geographic area with the most vulnerabilities in the St. Luke's Hospital CHNA community, the Valley Park area will be considered for targeted interventions while planning for and implementing initiatives for the selected priority needs.

Community Walkability:

Community walkability is an area-wide issue that would require changes in infrastructure and policy. At this time, St. Luke's lacks resources to engage at the level of collaboration that would result in changes to local infrastructure to make meaningful improvements. Community walkability was not selected as a priority need for CHNA focused initiatives, however St. Luke's Hospital's seasonal walking group established through implementation of the 2022 CHNA will continue to be offered and promoted throughout the community going forward. In addition, development of initiatives to impact weight management will likely include opportunities for increased physical activity.

Public Transportation:

St. Luke's lacks the expertise and competencies to effectively address improvements to public transportation in the community. However, consideration will be granted during development of community health initiatives to understand whether the transportation needs of related populations are substantial enough to evaluate options to improve access.

Affordable Housing:

St. Luke's lacks the expertise and competencies to effectively address improvements to affordable housing in the St. Luke's Hospital CHNA community.

Access to Medicaid Providers:

Resource constraints limit St. Luke's ability to focus initiatives to improve access to Medicaid providers.







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