

Cancer Transitions

Wednesdays 10:00 AM - 11:30 AM

Beginning April 8th at

St. Luke's Hospital Cancer Center
Conference Room 360 East
232 S Woods Mill Rd,
Chesterfield, MO 63017



It's common to feel alone or confused about next steps once treatment ends. This interactive 4-week workshop series is designed to help cancer survivors make the transition from active treatment to post treatment care by addressing the physical, social, and practical issues they may face.

This is a series, but participants can attend individual sessions:

Session 1: Taking Control of Your Survivorship

April 8th

Session 2: Emotions and Health

April 22nd

Session 3: Eating Well and Staying Active

May 6th

Session 4: Medical Management Beyond Cancer

May 20th

RSVP for **Live Session** or
register for **Zoom**
on the Program Calendar
www.cancersupportstl.org

