



# Rhythm & Soul

Our classes and programs are designed to INSPIRE:

Instruction  
Nutrition  
Safety  
Peers  
Interpersonal  
Relations  
Exercise

Do you own an acoustic or classical guitar and want to learn how to play it? Join us for Rhythm & Soul as we learn how to play together in a group. Discover the joy of playing your guitar and join us on Thursdays!

**Dates:** Thursdays, (8/18, 8/25, 9/1, 9/8, 9/15, 9/22)

**Time:** 6:30 - 7:30 p.m.

**Location:** St. Luke's Des Peres Hospital  
2345 Dougherty Ferry Road  
St. Louis, MO 63122

**Cost:** \$25

**Instructor:** Theron Brown

**Class Size:** 10

Theron Brown received a Bachelor of Music degree from Willamette University in Salem, Oregon and pursued an emphasis in music therapy. He has experience working with individuals and groups with physical, developmental and emotional needs. Theron works full-time in the financial services industry.

To sign up, please email [stacey.laughlin@stlukes-stl.com](mailto:stacey.laughlin@stlukes-stl.com). Registration is confirmed in the order that your email is received. Payment is expected no later than the end of the first week of classes. To pay by check, send payment to the address below. To pay with a credit card, call 314-576-2300.

## Important Notes

- All clients signing up for a class must show proof of COVID-19 vaccination.
- If you need to cancel your registration, please let us know within the first week.

Albert Pujols  
Wellness Center for Adults with  
Down Syndrome

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Chesterfield, MO 63017

Phone: (314) 576-2300

Email: [ADS.WellnessCenter@stlukes-stl.com](mailto:ADS.WellnessCenter@stlukes-stl.com)

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6/2022