

Beginner String Instruments

The Beginners Strings class is designed for those still working on mastering the basics of playing a string instrument including proper finger placement, strumming, and chords. The Wellness Center will have guitars, ukeleles, and guitaleles available for those who do not own an instrument. However, the instruments cannot be taken home so it is encouraged that participants obtain their own to practice skills learned in class. Please be aware that participants may not be assigned their first choice of instrument, however, the skills learned will apply to all of the instruments available.

Dates: Wednesdays (4/17, 4/24, 5/1, 5/8, 5/15, 5/22)
6 - 7 p.m.

Location: Desloge Jr Outpatient Center, Building A,
Conference rooms 1 & 2

Instructor: Theron Brown

Class size: 12

Cost: \$25

Theron Brown received a Bachelor of Music degree from Willamette University in Salem, Oregon and pursued an emphasis in Music Therapy. He has experience working with individuals and groups with physical, developmental, and emotional needs. Theron works full-time in the financial services industry.

To sign up, please complete the Microsoft Form that was sent via email. Registration is confirmed in the order that the form is completed. Payment is expected no later than the end of the first week of classes. To pay by check, send payment to the address below. To pay with credit card, call 314-576-2300. Email courtney.gehrer@stlukes-stl.com with any questions regarding classes or registration.



Our classes and programs are designed to **INSPIRE:**

Instruction

Nutrition

Safety

Peers Interpersonal Relations

Exercise

If you need to cancel your registration, please let us know within the first week of class.



Decisions to cancel class due to inclement weather will generally be made by 2pm. If this occurs, parents/caregivers and participants will be notified by email. Your safety is our greatest concern.

Albert Pujols

Wellness Center for *Adults* with

Down Syndrome