

# Summer Safety Series

Join us for our summer safety series featuring the Monarch Fire Protection District. We will have three evenings of fun and interactive learning on important topics that will help us keep ourselves safe in times of emergency. Please note that you will need to register for each week you would like to attend so feel free to register for one or all!

**6/11: General fire safety and fire extinguisher training using their state-of-the-art fire simulation trailer.**

**6/18: “Stop the Bleed” training encourages bystanders to become equipped and empowered to help in a bleeding emergency before professional help arrives.**

**6/25: Basic First Aid, including how and when to call 911.**

**Dates: Tuesdays (6/11, 6/18, & 6/25)**

**6 - 7 p.m.**

**Located at: Desloge Jr Outpatient Center,  
Building A, Conference rooms 1 & 2**

**Instructors: Monarch Fire Protection District**

**Class size: 20**

**Cost: Free**



Our classes and programs are designed to **INSPIRE:**

**Instruction**

**Nutrition**

**Safety**

**Peers Interpersonal Relations**

**Exercise**

To sign up, please complete the Microsoft Form that was sent via email. Registration is confirmed in the order that the form is completed. Payment is expected no later than the end of the first week of classes. To pay with credit card, call 314-576-2300. Email [courtney.gehrer@stlukes-stl.com](mailto:courtney.gehrer@stlukes-stl.com) with any questions regarding classes or registration.

Albert Pujols

Wellness Center for *Adults* with

**Down Syndrome**