



GLEE CHOIR

Music and dance play an important part in our clients' lives. It brings them happiness and provides them with a creative outlet, as well as helps to develop their language skills. Please join us as we work on developing vocal skills as well as choreography to accompany songs. You don't need to have any previous choir experience – only a desire to sing and have fun!

Dates: Tuesdays (8/16, 8/23, 8/30, 9/6, 9/13, 9/20)

Time: 6:00 – 7:00 p.m.

Location: Mr. and Mrs. Theodore P. Desloge, Jr. Outpatient Center,
Building A, Conference rooms 1 & 2

Cost: \$25

Instructor: Theron Brown

Class Size: 17

Theron Brown received a Bachelor of Music degree from Willamette University in Salem, Oregon and pursued an emphasis in music therapy. Over the last four years, Brown has directed a hand chime choir called 'The Friendship Group', which is a dedicated group of young adults with Down syndrome who gather together to learn, play, and perform with hand chimes.

Brown also has experience working with individuals and groups with physical, developmental and emotional needs. He works full time in the financial services industry.

To sign up, please email stacey.laughlin@stlukes-stl.com Registration is confirmed in the order that your email is received. Payment is expected no later than the end of the first week of classes. To pay by check, send payment to the address below. To pay with a credit card, call 314-576-2300.

Our classes and programs are designed to INSPIRE:

Instruction
Nutrition
Safety
Peers
Interpersonal
Relations
Exercise

Important Notes

- All clients signing up for a class must show proof of COVID-19 vaccination.
- If you need to cancel your registration, please let us know in within the first week.
- The Wellness Center is located in the Mr. and Mrs. Theodore P. Desloge, Jr. Outpatient Center.

Albert Pujols
Wellness Center for Adults with
Down Syndrome

121 St. Luke's Center Dr.
Building A, Suite 503
Chesterfield, MO 63017

Phone: (314) 576-2300
Email: ADS.WellnessCenter@stlukes-stl.com