



# ON-SITE EAP COUNSELING

**EAP Counselor:** Anna Graven, MA, LPC

**Where:** St. Luke's Hospital (Chesterfield campus)

**When:** Fridays starting 10/29 through January

**How to Meet with Anna:** By appointment only – Call the EAP to schedule with Anna at 314-729-4600, select option #2

## About Your EAP

Life has been challenging due to the impact of COVID-19, and the Employee Assistance Program (EAP) is here to help. We offer confidential in-person, video, or telephone counseling services to support you and your household in dealing with everyday problems and major life events.

The EAP provides free confidential short-term counseling (up to six visits) as well as information and support to assist you with your concerns. Services are free and confidential for you and anyone living in your household. Treatment beyond the scope of EAP is coordinated through your medical benefit or community resources.

**CALL NOW TO SCHEDULE AN APPOINTMENT OR RECEIVE IN-THE-MOMENT COUNSELING AT**

**800-413-8008 or 314-729-4600**

