

## NEUROSURGERY

Hospital Main Campus & St. Charles County

**SCHEDULING: 314-878-2888**

- Michael F. Boland, MD
- Sarah Fouke, MD
- Robert C. Heim, MD
- Paul G. Matz, MD
- Michael N. Polinsky, MD
- Scott H. Purvines, MD
- Andrew S. Youkilis, MD
- Toni Edwards, FNP-C
- Brenda Seidel, NP-C
- Amy Seipel, AGNP-C
- Brandon Williams, PA-C

## NEUROLOGY

Outpatient Center, Building B & St. Charles County

**SCHEDULING: 636-685-7745**

- Zaheer Ahmed, MD
- Kirk J. Kleinfeld, MD
- Todd B. Silverman, MD
- Michael Snyder, MD
- Adriane Spruell, ANP-C
- Tracey Carpenter, FNP-C

## PAIN MANAGEMENT

Hospital Main Campus

**SCHEDULING: 314-205-6744**

- Armin Rahimi, DO, DABAPM
- Julie Whitaker, PA-C

## OFFICE HOURS

**Hospital Main Campus:** Monday – Friday, 8:30 a.m. to 4:30 p.m.

**Outpatient Center, Building B:** Monday – Friday, 8:30 a.m. to 4:30 p.m.

**St. Charles County:** Call for an appointment

## INSURANCE

The Brain and Spine Center accepts most insurance plans. Please contact us to see whether a specific insurance plan is accepted.

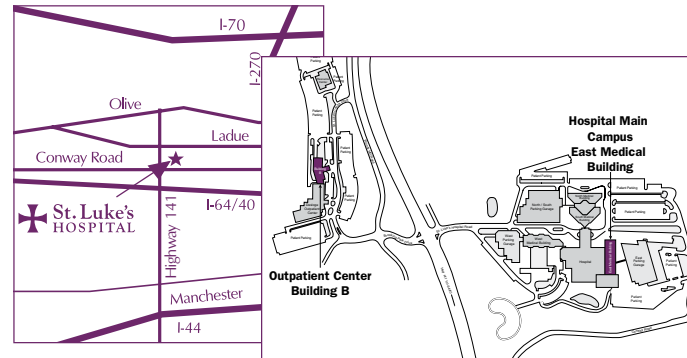
## LOCATIONS AND DRIVING DIRECTIONS

### Hospital Main Campus (Neurosurgery & Pain Management)

The East Medical Building is easily accessed from the St. Luke's Hospital entrance at Conway Road and Highway 141 (South Woods Mill Road), just north of Highway 40/I-64. There is direct access to the East Medical Building from Level 1 or 3 of the East Garage

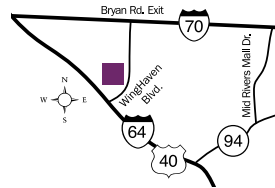
### Outpatient Center, Building B (Neurology)

Exit Highway 40 East/West on exit # 22 - Highway 141 North (Woods Mill Road). Travel north on Highway 141 to Woods Mill/Ladue Farm stoplight located at St. Luke's Hospital main entrance. Turn left at the stoplight. Go straight at the four-way intersection and turn right onto St. Luke's Center Dr. The Outpatient Center will be on the left (2nd building).



### St. Charles County Location (Neurosurgery & Neurology)

5551 WingHaven Boulevard,  
O'Fallon, MO 63368



The WingHaven® Medical Building is located ¼ mile north of the diamond interchange at I-64/US 40 and WingHaven® Boulevard; and approximately 2 ½ miles from I-70 at the Bryan Road exit.

Updated 01/17  
2-2320

## THE ORTHWEIN BRAIN AND SPINE CENTER

The Orthwein Brain and Spine Center, with convenient locations at St. Luke's Hospital and in St. Charles County, is the first of its kind in the region and has an experienced team of highly-trained specialists in neurosurgery, neurology, pain management and physical therapy. From initial diagnosis to treatment and recovery, the team of specialists uses the most sophisticated technologies, treatments, and surgical techniques to provide the most comprehensive and compassionate care possible. The Orthwein Brain and Spine Center therapists and physicians work hard to determine how the patient is responding to post-surgical treatments or therapies in order to ensure the best possible outcomes.

St. Luke's Hospital has also attained advanced certification by The Joint Commission by providing the next generation of stroke care, as well as meeting and maintaining The Joint Commission's high standards in providing stroke care.

# Brain & Spine Center

 **St. Luke's  
HOSPITAL**  
Our specialty is you.

## BRAIN AND SPINE

The Orthwein Brain and Spine Center's physicians and therapists work together to achieve superior outcomes for those who suffer from neurological disorders. We offer a full-range of services throughout the healing process, from diagnosis and inpatient care to rehabilitation and outpatient services. The physicians at the Brain and Spine Center are experts at diagnosing and treating a wide variety of brain and spine conditions including:

- Brain and spinal tumors
- Chronic back and neck pain
- Compression neuropathies
- Congenital and developmental deformities
- Degenerative and traumatic disorders
- Dementia
- Disc herniation
- Epilepsy
- Headaches
- Hydrocephalus
- Infections and inflammatory disorders
- Movement disorders (including tremors)
- Multiple sclerosis
- Neuromuscular disorders
- Peripheral neuropathies
- Spinal stenosis
- Strokes

The Center also utilizes the latest technology to treat neurological disorders, including:

- Complex spine surgery with instrumentation
- Deep-brain stimulator implantation
- Electroencephalograms
- Electromyographically guided botulinum toxin injections
- Electromyography
- Epilepsy surgery
- Image-guided tumor resection
- Minimally invasive spine surgery
- Nerve conduction studies
- Spinal cord stimulation
- Vagal nerve stimulation



## PAIN MANAGEMENT SERVICES

The Center specializes in a wide range of pain management treatments to help each patient regain the highest possible level of function, increase quality of life and decrease pain. Some of the therapies and techniques to treat pain include:

- Epidural steroid injections
- Intra-articular injections
- Intrathecal pump implantation
- Peripheral nerve blocks
- Radio-frequency rhizotomy therapy
- Selective nerve root blocks
- Spinal cord stimulator implantation
- Sympathetic nerve blocks



## PHYSICAL THERAPY

The Center's physical therapists use state-of-the-art equipment to implement custom treatment programs for skeletal stability, pain relief and to improve daily function. Each therapist also specializes in manual techniques and spinal exercise regimens that can help improve a patient's condition and quality of life.

Our therapists and physicians work hard to determine how the patient is responding to post-surgical treatments or therapies in order to ensure the best possible outcomes.