

**ST. LUKE'S MEDICAL GROUP**

**PATIENT DATA SHEET**

Referred by \_\_\_\_\_

Primary Care Physician \_\_\_\_\_

Patient \_\_\_\_\_  
(Last Name) (First Name) (Middle Initial)

Address \_\_\_\_\_  
(City/State) (Zip Code)

Home Phone No. \_\_\_\_\_ Cell Phone No. \_\_\_\_\_ Work Phone No. \_\_\_\_\_  
May we leave a message? Y N May we leave a message? Y N May we leave a message? Y N

Date of Birth \_\_\_\_\_ Sex: M F Marital Status: Single Married Widowed Divorced Separated

SSN \_\_\_\_\_ Patient's Employer \_\_\_\_\_

Employment Status: Full Time Part Time Retired Unemployed Student Status: Full Time Part Time N/A

Emergency Contact Person \_\_\_\_\_ Phone No. \_\_\_\_\_ Rel. To Patient \_\_\_\_\_

Person Responsible for Balance \_\_\_\_\_ Responsible Party's Date of Birth \_\_\_\_\_

Responsible Party's Address \_\_\_\_\_ SSN: \_\_\_\_\_  
(If different from patient's address)

Email Address \_\_\_\_\_

*We are collecting email addresses for those patients that would like to use Patient Portal for our office to communicate with you via the Web. For more information, please ask at Check In/Out. This feature will be available in the near future.*

**Race: (Please Circle)**

- |                                  |                          |                              |
|----------------------------------|--------------------------|------------------------------|
| American Indian or Alaska Native | Black or African America | Other Race                   |
| Asian                            | White                    | Other Pacific Islander       |
| Native Hawaiian                  | Hispanic                 | Unreported/Refused to Report |

**Ethnicity:** Hispanic Non-Hispanic Refused to Report **Preferred Language:** \_\_\_\_\_

**Pharmacy:**  St. Luke's Retail Pharmacy 314-205-6023  
 Primary Pharmacy Name \_\_\_\_\_ Primary Pharmacy Telephone No. \_\_\_\_\_

**INSURANCE INFORMATION (COPIES OF INSURANCE CARDS REQUIRED)**

**Primary Insurance** \_\_\_\_\_ Effective Date \_\_\_\_\_

Name of Insured/Subscriber \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's I.D. No. \_\_\_\_\_ Group No. \_\_\_\_\_

Insured's SSN: \_\_\_\_\_ Insured's Home Address \_\_\_\_\_  
(If different from patient's address)

Telephone No. \_\_\_\_\_ Insured Party Employed by \_\_\_\_\_

Employer's Address \_\_\_\_\_ Telephone No. \_\_\_\_\_

**Secondary Insurance** \_\_\_\_\_ Effective Date \_\_\_\_\_

Name of Insured/Subscriber \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's I.D. No. \_\_\_\_\_ Group No. \_\_\_\_\_

Insured's SSN: \_\_\_\_\_ Insured's Home Address \_\_\_\_\_  
(If different from patient's address)

Telephone No. \_\_\_\_\_ Insured Party Employed by \_\_\_\_\_

Employer's Address \_\_\_\_\_ Telephone No. \_\_\_\_\_

**ASSIGNMENT OF INSURANCE INFORMATION & BENEFITS/RELEASE OF MEDICAL INFORMATION:** I hereby authorize this St. Luke's Medical Group physician to administer / perform any medical and or surgical procedure deemed necessary, and authorize release of information needed to secure payment. I authorize that all benefits by my insurance company be paid directly to St. Luke's Medical Group, and understand that I am financially responsible for all charges incurred that are not covered in full by my insurance. In addition, I hereby authorize the release of all applicable medical information including & without limitation copies of all records and test results produced to the designated attending, referral, and/or follow-up physicians and such other health care practitioners or organizations who/which will be providing subsequent monitoring of care or treatment in connection with care provided by any facility of St. Luke's Medical Group

Signature of Responsible Party \_\_\_\_\_ Date \_\_\_\_\_

**Acknowledgement of Privacy Practice and Patient Rights**

1. Patient Rights: A copy of my Patient Rights has been made available to me.
2. Notice of Privacy Practice: A copy of St. Luke's Hospital Notice of Privacy Practice has been made available to me.

Signature of Patient (or Legal Guardian/Representative) \_\_\_\_\_ Date \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Patient unwilling or unable to sign acknowledgement Reason: \_\_\_\_\_

# Premier Pain Consultants

232 South Woods Mill Rd., Ste. 400East  
Chesterfield, MO 63017  
Phone: 314-205-6744 Fax: 314-590-5936

## Procedure/ Injection Billing Information

Premier Pain Consultants understands that health care can be very expensive and accumulating bills can increase stress. We want to provide you with as much information as possible so that you can make an educated choice about where you choose to receive services and how those services will be paid. Premier Pain Consultants will attempt to verify and explain your insurance benefits. However, it is your responsibility to speak to your insurance company and understand your benefits. We are not able to confirm the accuracy of the benefits quoted by your insurance provider. Our explanation or quote of our benefits is NOT a guarantee of bill payment. We are only repeating benefit information that was provided to us by your insurance company representative. We strongly recommended that you speak directly with the insurance company to make sure that you completely understand your coverage and financial responsibility. Premier Pain Consultants may attempt to authorize your treatment with your insurance provider prior to your admission. This means that we will provide information to the insurance provider explaining the reason that treatment is needed. Insurance companies give criteria that they use to determine whether a condition meets "medical necessity" for them to pay for treatment. The insurance company may or may not agree to authorize treatment based on the information provided. You and/or your physician may believe that a specific type of treatment is needed but the insurance provider may disagree or refuse to authorize payment for treatment. If this happens, you can choose not to use your insurance, but you would be responsible for all bills associated with the unauthorized treatment. However, even if the insurance company authorizes treatment, authorization is NOT a guarantee of bill payment in full. Even if the insurance company authorizes treatment, they may later determine that there were insufficient benefits for treatment and not pay for the care.

**Please be aware that all injections/procedures are performed in a hospital outpatient facility and are subject to any eligible charges by St. Luke's Hospital.** You will need to check with your insurance to determine your level of coverage and benefits. As a patient at Premier Pain Consultants, you will receive separate bills from the Physician and from the St. Luke's Hospital if you receive an injection/procedure in our procedure facility. **Premier Pain Consultants submits bills for the physician and professional fees. St. Luke's Hospital submits bills for any eligible hospital and facility charges.** Depending on your insurance you may not receive a bill at all, but instead receive an explanation of benefits, which will outline what your insurance was charged and what was paid on your behalf.

I have read and understand the above information

---

Signed

Date

If Dr. Rahimi and his staff determine you are a candidate for an injection, you have the option to be given conscious sedation with your injection. In order to receive conscious sedation, you **CAN NOT eat or drink for 6 hours prior to your appointment time**, and you **must have a driver present to sign you in and out**.

If you are **on a blood thinner**, such as Plavix, Clopidogrel, Coumadin, Warfarin, Heparin, Lovenox, Effient, Aggrenox, Pradaxa, Eliquis, or Xeralto, etc, please consult with Dr. Rahimi and his staff before stopping your blood thinner.

# Premier Pain Consultants

232 South Woods Mill Rd., Ste. 400East  
Chesterfield, MO 63017  
Phone: 314-205-6744 Fax: 314-590-5936

Authorization for use and disclosure of Protected Health Information (PHI)

Patient Name: \_\_\_\_\_ Date of Treatment: \_\_\_\_\_

Last 4 Digits of Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize: \_\_\_\_\_

To Release Information To:

To Obtain Information From:

Name of Facility/Individual:

Name of Facility/Individual:

Premier Pain Consultants

Street Address

Street Address

232 South Woods Mill Rd Ste;400East

City/State/Zip

City/State/Zip

Chesterfield MO 63017

Telephone / Fax

Telephone /Fax

314-205-6744/314-590-5936

I specifically authorize the use or disclosure of the following:

Progress Notes

History and Physical

Photographs/Digital Imaging

Consultation Reports OR

Complete Medical Record

Laboratory Results

Discharge Summary

The Information to be used or disclosed pursuant to this authorization may include information relation to (1) AIDS or HIV ;(2) treatment of drug and alcohol use ;(3) mental/behavior/psychiatric care.

I may revoke this authorization in writing at any time. I understand that such revocation will not have any effect on the information already used or disclosed before receipt of my written notice of revocation. I may request to inspect or copy the information to be disclosed. Once release of this information is made to the above name/person/organization, my information may be subject to re-disclosure by the recipient. I may be charged fees for the copying of such information if I am requesting for myself or a third party. Such fees will comply with state and federal laws. I have read the above information and authorize disclosure of the identified information to the name/person/organization and for the purpose of described herein. I understand that by signing this document, I release and discharge the disclosing entity from any liability and will hold it harmless for any release made pursuant to the authorization.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# ST. LUKE'S MEDICAL GROUP

## e-Prescribing and E-Messaging Consent

### e-Prescribing Consent

ePrescribing is defined as a Physician's ability to electronically send an accurate, error free, and understandable prescription directly to a pharmacy from the point of care. Congress has determined that that ability to electronically send prescriptions is an important element in improving the quality of Patient care. ePrescribing greatly reduces medication errors and enhances Patient safety. The Medicare Modernization Act (MMA) of 2003 listed standards that have to be included in an ePrescribe Program. These include:

- Formulary and benefit transactions – Gives the prescriber information about which drugs are covered by the drug benefit plan.
- Medication history transactions – Provides the physician with information about medications the Patient is already taking to minimize the number of adverse drug events.
- Fill status notification – Allows the prescriber to receive an electronic notice from the pharmacy telling them if the Patient's prescription has been picked up, not picked, or partially filled.

By signing this consent form you are agreeing that (Practice Name) can request and use your prescription medication history from other healthcare Providers and/or third party pharmacy benefit payors for treatment purposes.

Understanding all of the above, I hereby provide informed consent to (Practice Name) to enroll me in the ePrescribe Program. I have had the chance to ask questions and all of my questions have been answered to my satisfaction.

Print Patient Name: \_\_\_\_\_ Patient DOB: \_\_\_\_\_

Signature of Patient or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

### E-Messaging Services

Please note: our Practice will now be sending notifications to our Patient's using an electronic reminder system through our Electronic Health Records. Please select the types of alerts you would like to receive and indicate how you would like to receive these alerts. (Via, Phone Call/Text Message)

Type of Patient Notification	Method of Communication	Preferred Time to Call	Preferred Language
<input type="checkbox"/> Patient Appointments	<input type="checkbox"/> Home Phone	<input type="checkbox"/> AM (6am-12pm)	<input type="checkbox"/> English
<input type="checkbox"/> Lab Results	<input type="checkbox"/> Work Phone	<input type="checkbox"/> Afternoon (12-4pm)	
<input type="checkbox"/> Health Maintenance	<input type="checkbox"/> Cell Phone (Phone Call)	<input type="checkbox"/> PM (4-9pm)	<input type="checkbox"/> Spanish
<input type="checkbox"/> RX Confirmation	<input type="checkbox"/> Cell Phone (Text MSG)		
<input type="checkbox"/> General Notification			

Please list all individuals that we may communicate with regarding your medical information

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Please complete all pages

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Name of the Doctor you are seeing today: \_\_\_\_\_

Primary Care Doctor's Name: \_\_\_\_\_ Phone number or FAX: \_\_\_\_\_

Name of referring Doctor: \_\_\_\_\_ Phone number or FAX: \_\_\_\_\_

Have you ever been seen at another pain clinic? If so,

a. When? \_\_\_\_\_

b. By whom? \_\_\_\_\_

Allergies to Medicines:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Current Medications:

Drug	Dose	Frequency	Drug	Dose	Frequency

Are you on any blood thinners?     Yes     No  
 Coumadin    Heparin    Plavix    Lovenox    Other \_\_\_\_\_

History of Present Illness

Chief complaint: (Describe your pain problem) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

1. When did the pain first begin?    \_\_\_\_\_ Years    \_\_\_\_\_ Months    \_\_\_\_\_ Weeks ago.

2. What caused the pain? \_\_\_\_\_

3. How did the pain come on at first?     Gradually?     Suddenly?     Explosively?

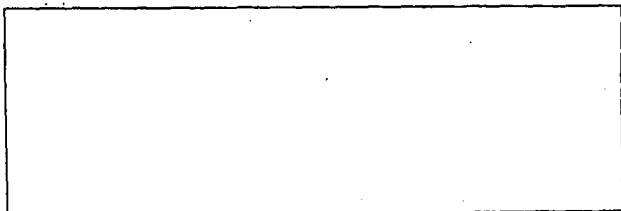
4. Where on your body does the pain start? \_\_\_\_\_

5. Where does the pain seem to travel? \_\_\_\_\_

### NEW PATIENT QUESTIONNAIRE Pain Management Center

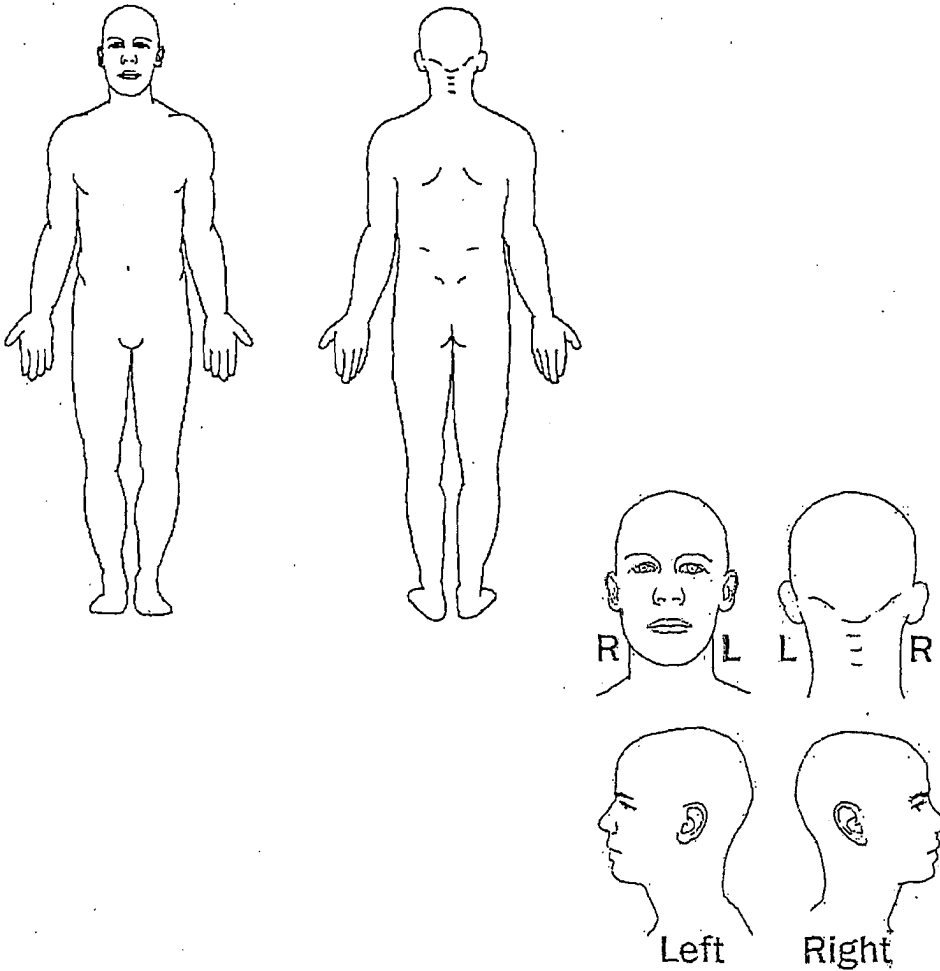
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232 So. Woods Mill Rd Chesterfield, MO 63017



**Location of your pain:**

Please use the figures below to shade in the area where you have pain. If your pain moves around, put an "X" where it starts and draw an arrow to where it spreads.



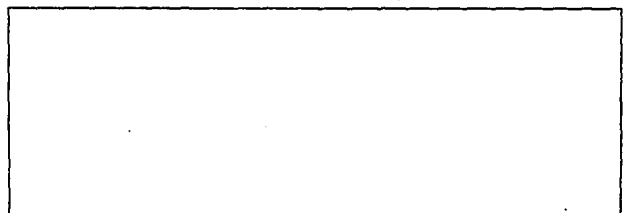
6. Rate your pain intensity: On a scale of 1 to 10, with "0" representing no pain, "1" representing a nuisance which would not interfere with daily activities (ie. toothache) while "10" would be the most severe pain imaginable (suicidal pain, having a baby or pain of a kidney stone), which number would describe your pain?

- |                                    |   |   |   |   |   |   |   |   |   |   |    |
|------------------------------------|---|---|---|---|---|---|---|---|---|---|----|
| a. what is your <i>today</i> pain? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| b. what is your <i>least</i> pain? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| c. what is your <i>worst</i> pain? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| d. overall <i>average</i> pain?    | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

**NEW PATIENT QUESTIONNAIRE**  
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7. Which words best describe your pain? (check all of the following that applies):

- shooting                       dull                       sharp                       burning  
 throbbing                       aching                       electric shock

8. Which of the following best describes the quality of the pain? (check all of the following that applies):

- severe                       moderate                       mild

9. Which words describe the timing of the pain? (check all that applies):

- constant                       mostly in the morning                       mostly in the evening  
 intermittent                       mostly in the afternoon                       very variable

10. As time goes on, is the pain getting:

- worse?                       about the same?                       better?

11. Which of the following symptoms is this pain associated with (check all that applies):

- numbness                       weakness                       nausea/vomiting  
 tingling                       headache                       bowel/bladder dysfunction

12. Which of the following make the pain worse? (check all that applies):

- coughing                       sexual activity                       touch                       sneezing  
 weather changes                       rolling in bed                       exercise                       bright lights  
 moving from sitting to standing                       walking                       noise  
 sitting                       cold                       taking stairs                       standing  
 driving                       stress/fatigue                       lying down                       menstrual cycle

13. Which factors seem to relieve the pain? (check all that applies):

- sitting                       sexual activity                       walking                       standing  
 heat                       ice                       lying down                       massage  
 relaxation                       alcoholic drinks                       medicines

14. Which of the following previous treatments have you tried? (check all that applies):

- physical therapy                       cold therapy                       relaxation training                       chiropractic care  
 bedrest                       occupational therapy                       acupuncture                       surgery  
 cortisone injection                       biofeedback                       traction                       heat  
 psychologist                       nerve blocks                       epidural steroid injection  
 TENS unit                       trigger point injections                       Other: \_\_\_\_\_

15. Have you ever had any previous Physical Therapy? If so,

When: \_\_\_\_\_

Where: \_\_\_\_\_

16. List all the past medications you have taken for your pain problem:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**NEW PATIENT QUESTIONNAIRE**  
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Past Medical History:

10. In your past, have you ever had any of the following health problems? (check all that apply or write in).

Cardiovascular:       None                                       Congestive heart failure               High blood pressure  
 Angina (chest pain)                       Heart attack  
Other \_\_\_\_\_

Endocrine:               None                                       Diabetes                                       Thyroid disease.  
Other \_\_\_\_\_

Cancers:               None                                       Prostate                                       Breast  
 Skin  
Other \_\_\_\_\_

Hematological:       None                                       Sickle cell  
 Anemia  
Other \_\_\_\_\_

Autoimmune:       None                                       Lupus                                       Osteoarthritis  
 TMJ                                       Rheumatoid arthritis               Fibromyalgia  
Other \_\_\_\_\_

Renal:                       None                                       Kidney infections                       Kidney stones  
Other \_\_\_\_\_

Genitourinary:       None                                       Urinary incontinence  
 Prostate problems                       Bladder infections  
Other \_\_\_\_\_

Central nervous system:  None                                       Stroke                                       Headaches  
 Nerve damage                               Migraines  
Other \_\_\_\_\_

Gastrointestinal:       None                                       Diverticulosis                       Peptic ulcer  
 Reflux esophagitis                       Irritable bowel syndrome  
Other \_\_\_\_\_

Pulmonary:               None                                       Chronic bronchitis  
 Asthma                                       Pneumonia  
Other \_\_\_\_\_

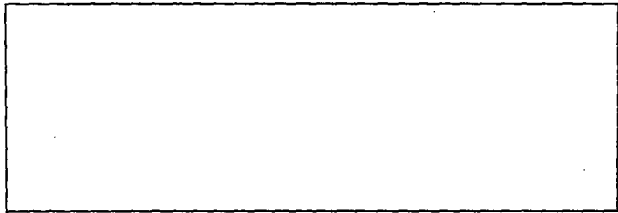
Infectious disease:       None                                       Mononucleosis                       Hepatitis  
Other \_\_\_\_\_

Psychiatric:               None                                       ECT treatments                       Depression  
 Alcoholism                                       Anxiety                                       Drug addiction  
 Panic attacks  
Other \_\_\_\_\_

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**Past Surgical History:**

18. Have you had any surgeries in the past? Please list (even if they seem unrelated to your pain problem).

Date	Procedure	Doctor	Facility

**Family History:**

19. How is the general health of your family? Please write in any serious health problems or diseases. Also, please indicate if any of your family has ever had similar pain problems as you. Please indicate if living or deceased.

Mother \_\_\_\_\_ Brother \_\_\_\_\_  
Father \_\_\_\_\_ Sister \_\_\_\_\_

**Social History:**

Marital status:  Married  Divorced  Widowed  Single

Are you pregnant or do you plan to become pregnant?  Yes  No

How many children do you have? \_\_\_\_\_ children

Who do you live with at home? \_\_\_\_\_

How far did you get in your education? \_\_\_\_\_ level

Describe your occupation status:

Employed. What work do you do? \_\_\_\_\_

Retired. What occupation did you have? \_\_\_\_\_

Unemployed.

Disabled. What was the cause of your disability? \_\_\_\_\_

If married, describe spouse's occupation: \_\_\_\_\_

Are you being treated under Workmen's Compensation?  Yes  No

Are you currently receiving disability benefits?  Yes  No

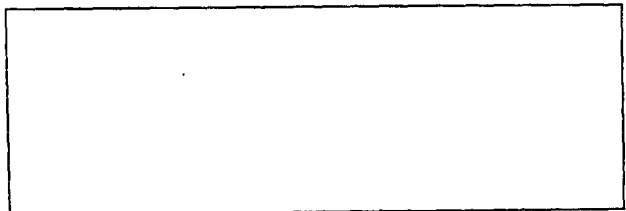
Are you involved in legal action related to your pain problem or considering it in the future?  Yes  No

If yes, describe your current state of litigation: \_\_\_\_\_

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Habits: Please check or write in all that applies:

- Tobacco  No Tobacco  Currently smoking \_\_\_\_\_ packs/day  Quit smoking for \_\_\_\_\_ years  
 Alcohol  No alcohol  Social consumption of alcohol \_\_\_\_\_ beverages/day containing alcohol  
 Caffeine  No Caffeine  \_\_\_\_\_ beverages/day containing caffeine  
 Exercise  None  Rarely  Regularly  
 Drugs

Do you or have you ever used recreational drugs?  No  Yes  
 If yes, which drugs? \_\_\_\_\_

Have you ever had drug or alcohol dependency?  No  Yes  
 If yes, which drugs? \_\_\_\_\_

20. Have you had any of the following tests performed within the last 24 months?

Test	Date	Facility where it was tested	Results
Xray			
Cat scan			
MRI			
Laboratory			
EMG			
Myelogram			
Other			

Review of Systems:

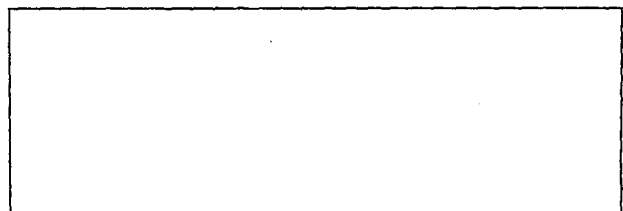
21. Are you experiencing any of the following symptoms with regularity that is different than what you listed before? If so, please check.

- |  |   |   |   |
|--|---|---|---|
| <p><b>General:</b><br/> <input type="checkbox"/> weight<br/> <input type="checkbox"/> appetite changes<br/> <input type="checkbox"/> fever/chills<br/> <input type="checkbox"/> disturbed sleeping habits</p> <p><b>Eye:</b><br/> <input type="checkbox"/> eye infections<br/> <input type="checkbox"/> blurred vision<br/> <input type="checkbox"/> double vision<br/> <input type="checkbox"/> blindness</p> <p><b>Psychiatric:</b><br/> <input type="checkbox"/> depression<br/> <input type="checkbox"/> mood swings<br/> <input type="checkbox"/> anxiety</p> | <p><b>ENT:</b><br/> <input type="checkbox"/> hearing loss<br/> <input type="checkbox"/> dizziness<br/> <input type="checkbox"/> hoarseness<br/> <input type="checkbox"/> sore throat<br/> <input type="checkbox"/> bloody nose<br/> <input type="checkbox"/> sinusitis</p> <p><b>Cardiac:</b><br/> <input type="checkbox"/> chest pains<br/> <input type="checkbox"/> heart murmur<br/> <input type="checkbox"/> skipped beats</p> <p><b>Genitourinary:</b><br/> <input type="checkbox"/> bladder incontinence<br/> <input type="checkbox"/> difficulty urinating</p> | <p><b>Endocrine:</b><br/> <input type="checkbox"/> hot or cold flashes</p> <p><b>Respiratory:</b><br/> <input type="checkbox"/> cough<br/> <input type="checkbox"/> coughing up blood<br/> <input type="checkbox"/> wheezing<br/> <input type="checkbox"/> shortness of breath<br/> <input type="checkbox"/> difficulty in breathing with exertion</p> <p><b>Gastrointestinal:</b><br/> <input type="checkbox"/> constipation<br/> <input type="checkbox"/> diarrhea<br/> <input type="checkbox"/> bloody stools<br/> <input type="checkbox"/> nausea/vomiting<br/> <input type="checkbox"/> bowel incontinence</p> | <p><b>Hematological:</b><br/> <input type="checkbox"/> easy bruisability<br/> <input type="checkbox"/> difficulty in clotting the blood</p> <p><b>Neurologic:</b><br/> <input type="checkbox"/> headaches<br/> <input type="checkbox"/> dizziness<br/> <input type="checkbox"/> falling<br/> <input type="checkbox"/> seizures<br/> <input type="checkbox"/> numbness<br/> <input type="checkbox"/> tremor</p> <p><b>Skin:</b><br/> <input type="checkbox"/> lacerations<br/> <input type="checkbox"/> abrasions<br/> <input type="checkbox"/> pustules<br/> <input type="checkbox"/> nodules<br/> <input type="checkbox"/> tumors<br/> <input type="checkbox"/> breast changes</p> |
|--|---|---|---|

**NEW PATIENT QUESTIONNAIRE**  
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Oswestry Questionnaire

Could you please complete this questionnaire. It is designed to give us information as to how your pain has affected your ability to manage in everyday life.

Please answer every section. Mark one box *only* in each section that most closely describes you

Mark one box only in each section that most closely describes your pain.

Section 1: Pain intensity

- 0. I have no pain at the moment
- 1. The pain is very mild at the moment
- 2. The pain is moderate at the moment
- 3. The pain is fairly severe at the moment
- 4. The pain is severe at the moment
- 5. The pain is the worst imaginable at the moment

Section 2: Personal care (washing, dressing, etc.)

- 0. I can look after myself normally without causing extra pain
- 1. I can look after myself normally but it is very painful
- 2. It is painful to look after myself and I am slow and careful
- 3. I need some help but manage most of my personal care
- 4. I need help everyday in most aspects of my personal care
- 5. I do not get dressed, wash with difficulty and stay in bed

Section 3: Lifting

- 0. I can lift heavy weights without extra pain
- 1. I can lift heavy weights but it gives extra pain
- 2. Pain prevents me from lifting heavy weights off the floor but I can manage if they are conveniently positioned; for instance, on a table
- 3. Pain prevents me from lifting heavy object but I can manage light to medium weights if they are conveniently positioned; for instance, on a table
- 4. I can only lift light weights
- 5. I cannot lift or carry anything at all

Section 4: Walking

- 0. Pain does not prevent me walking any distance
- 1. Pain prevents me walking more than 1 mile
- 2. Pain prevents me walking more than a quarter mile
- 3. Pain prevents me walking more than 100 yards
- 4. I can only walk using a stick or crutches
- 5. I am in bed most of the time and have to crawl to the toilet

Section 5: Sitting

- 0. I can sit in any chair as long as I like
- 1. I can sit in my favorite chair as long as I like
- 2. Pain prevents me from sitting more than 1 hour
- 3. Pain prevents me from sitting more than a half of an hour
- 4. Pain prevents me from sitting more than 10 minutes
- 5. Pain prevents me from sitting at all

Section 6: Standing

- 0. I can stand as long as I want without extra pain
- 1. I can stand as long as I want but it gives me extra pain
- 2. Pain prevents me from standing more than 1 hour
- 3. Pain prevents me from standing more than a half of an hour
- 4. Pain prevents me from standing more than 10 minutes
- 5. Pain prevents me from standing at all

Section 7: Sleeping

- 0. My sleep is never disturbed by pain
- 1. My sleep is occasionally disturbed by pain
- 2. Because of pain, I have less than 6 hours of sleep
- 3. Because of pain, I have less than 4 hours of sleep
- 4. Because of pain, I have less than 2 hours of sleep
- 5. Pain prevents me from sleeping at all

Section 8: Sex life

- 0. My sex life is normal and causes me no extra pain
- 1. My sex life is normal but causes some extra pain
- 2. My sex life is nearly normal but is very painful
- 3. My sex life is severely restricted by pain
- 4. My sex life is nearly absent because of pain
- 5. Pain prevents any sex life at all

Section 9: Social life

- 0. My social life is normal and causes me no extra pain
- 1. My social life is normal but increases the degree of pain
- 2. Pain has no significant effect on my social life apart from limiting my more energetic interests, eg. sports, etc.
- 3. Pain has restricted my social life and I do not go out as often
- 4. Pain has restricted social life to my house
- 5. I have no social life because of pain

Section 10: Traveling

- 0. I can travel anywhere without pain
- 1. I can travel anywhere but it gives me extra pain
- 2. Pain is bad but I manage journeys over 2 hours
- 3. Pain restricts me to journeys of less than 1 hour
- 4. Pain restricts me to short necessary journeys under 30 minutes
- 5. Pain prevents me from traveling except to receive treatment

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

**NEW PATIENT QUESTIONNAIRE**  
Pain Management Center

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St. Luke's Hospital

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